

# DENTAL ISSUES WHILE PREGNANT

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# Outline

- ◉ Tooth Decay
- ◉ Oral Hygiene
- ◉ Dental Visits
- ◉ Dental X-Rays



# Tooth Decay

- Plaque (bacteria)
- Food
- Tooth



# WHICH IS WORSE?



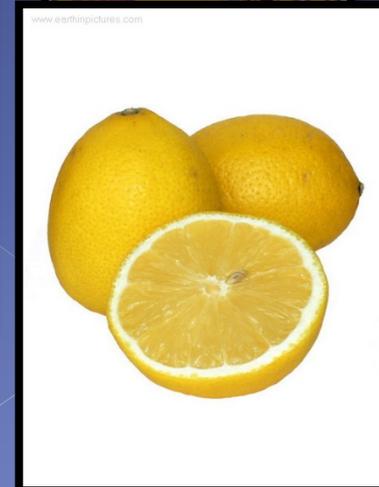
CHUGGING?



SIPPING ALL DAY?

# TOOTH DECAY

- FOODS THAT ARE BAD
  - > SODA!!!
  - > SUGARY FOODS
  - > ACIDIC FOODS
  - > STARCHY FOODS
  - > STICKY FOODS



# Oral Hygiene

- ◉ Hormonal changes
- ◉ Plaque control

- ◉ **Gingivitis**



- ◉ **Periodontal Disease**



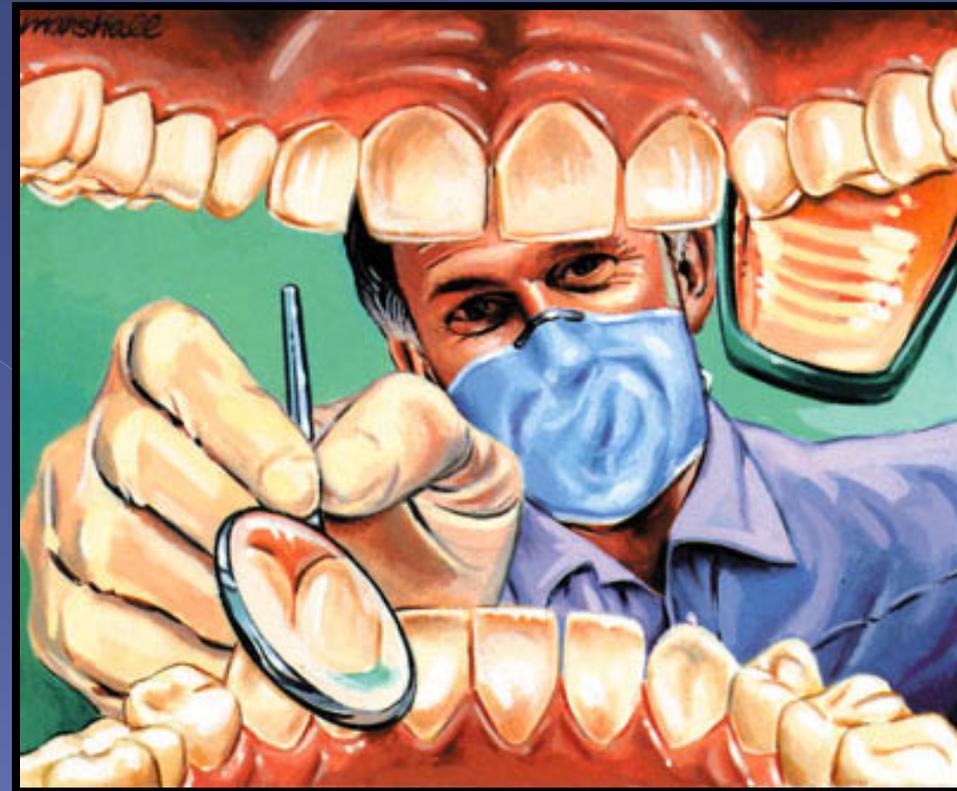
# Oral Hygiene

- Flossing
- Brushing
- Tongue Cleaning



# Dental Visits

- ◉ REGULAR EXAMS
- ◉ TEETH CLEANINGS
- ◉ Dental Emergencies
- ◉ Dental X-rays
- ◉ Anesthetic Injections
- ◉ Elective Treatment



# Dental X-Rays

- Dental radiographs result in radiation comparable to the normal range of exposure from everyday living
- 0.8 rads dose required to double leukemia risk
  - This would equal **250-600** Panoramic films or **51** FMX series

White and Rose, JADA, 1979



# QUESTIONS?



# Pregnancy and Dental Visits

- You need to pick up a memorandum from the OB/GYN clinic prior to having any dental work done.
- Please allow 24 hours for staff to create and have OB/GYN provider sign.